



NYSL-2024

U6 CO-ED

- Size 3 ball.
- 5 v 5; 4 + Goalie.
- Two 20-minute halves or Four 10 minute quarters; 5 minutes between each.
- **Goal keepers.**
- Throw-ins, goal and corner kicks when appropriate.
- All kicks are **indirect.**
- **Substitutions on kick-offs, corner kicks, goal kicks, or throw-ins.**
- No score is kept.
- No off-sides.
- Ball does **not** have to go forward on kick-off.
- **Absolutely no slide-tackling.**



NYSL-2024

U8 CO-ED

- Size 3 ball.
- 6 V 6; 5 + goal keeper; 4 minimum.
- Two 20 minute halves; 5 minute half-time.
- No off-sides.
- All kicks are **indirect**.
- Ball does **not** have to move forward on kick-off.
- Throw-ins, goal kicks, and corner kicks when appropriate.
- Substitutions allowed after goals are scored, before goal kicks, on your team's throw-in or opponent's throw-in **only if** they are also subbing.
- Subs **MUST** be at midfield line **BEFORE** ball is out of play. Subs must enter field of play only at the midfield line and only when player being replaced has left the field.
- **Absolutely no slide-tackling**, except for goal keeper attempting a save while in the penalty box.



NYSL-2024

U10 CO-ED

- Size 4 ball.
- 9 v 9; 8 + goal keeper; 6 minimum.
- Two 25 minute halves; 5 minute half-time.
- **All kicks are indirect.**
- **Off-sides enforced.**
- Ball **must** move forward on kick-off.
- Throw-ins, goal kicks, corner kicks, and penalty kicks when appropriate.
- Substitutions allowed after goals are scored, before goal kicks, on your team's throw-in or opponent's throw-in **only if** they are also subbing.
- Subs **MUST** be at midfield line **BEFORE** ball is out of play. Subs must enter field of play only at the midfield line and only when player being replaced has left the field.
- **Absolutely no slide-tackling**, except for goal keeper attempting a save while in the penalty box.



NYSL-2024

U12 CO-ED

- Size 5 ball.
- 9 v 9; 10 + goalie; 7 minimum.
- Two 30 minute halves; 5 minute half-time.
- **All kicks are indirect.**
- **Off-sides enforced.**
- Ball **must** move forward on kick-off.
- Throw-ins, goal kicks, corner kicks, and penalty kicks when appropriate.
- Substitutions allowed after goals are scored, before goal kicks, on your team's throw-in or opponent's throw-in **only if** they are also subbing.
- Subs **MUST** be at midfield line **BEFORE** ball is out of play. Subs must enter field of play only at the midfield line and only when player being replaced has left the field.
- **Absolutely no slide-tackling**, except for goal keeper attempting a save while in the penalty box.



NYSL-2023

U17 CO-ED

- Size 5 ball.
- 11 v 11; 10 + goalie; 9 minimum.
- Two 35 minute halves; 5 minute half-time.
- **Off-sides enforced.**
- Ball **must** move forward on kick-off.
- Throw-ins, goal kicks, corner kicks, and penalty kicks when appropriate.
- Substitutions allowed after goals are scored, before goal kicks, on your team's throw-in or opponent's throw-in **only if** they are also subbing.
- Subs **MUST** be at midfield line **BEFORE** ball is out of play. Subs must enter field of play only at the midfield line and only when player being replaced has left the field.
- **Absolutely no slide-tackling**, except for goal keeper attempting a save while in the penalty box.



REFEREES

- You **MUST** completely fill out a score card for each game officiated. Failure to fill out a score card will result in **no payment**. All sections of the score card must be filled out.
- Report any yellow or red cards on the back of score card, notify NYSL official, and fill out an incident report.
- **Uniforms cannot be altered in any way.** They may not be cut, drawn on, marked on, taped on, or sewn on. Any player with an altered uniform will be removed from the field.
- **Absolutely no jewelry is permitted on the field during play.** The only exception will be for medical bracelets or necklaces. These must be medically issued and taped or cushion where necessary.
- Referee decisions are final and absolute as long as you are abiding by the laws of the game. If you have any issues with players, coaches, or spectators, see an official of NYSL.



Rules and Regulations

- **Spectators will stand on the opposite side of the field away from the teams and a minimum of 5 yards from the touch line and a minimum 30 yards from each goal line.**
- **There will be a 15 minute grace period allowed beyond the scheduled start of any match for each team to field a team ready for play. Any team not ready beyond the 15 minute grace will forfeit the match.**
- **Inclement weather delays and cancelations will be decided at the discretion of NYSL officials and referees. Our website and Facebook page will be updated promptly with cancellations. There will be at least a 30 minute wait after the sight of lightning.**
- **NYSL is a recreation league and we emphasize sportsmanship, learning, and fun. Referees are in charge of their games and their decisions are final and absolute.**



Dragon Cup Tournament Rules

- All games prior to finals count towards bracket placement. Positions will be decided according to the following formula: 3 points for a win, 1 point for a tie and 0 points for a loss. In the event of a tie, goal differentials will decide placement.
- During the elimination bracket, games ending in a tie will be followed by two 5 minute over-times. If at the end of OT the game is still tied, a 5 player PK shootout will commence. Only players on the field at the end of OT are eligible for the shootout.