

NYSL

U6 CO-ED

- Size 3 ball.
- 5 v 5; 4 + Goalie.
- Four 10 minute quarters; 4 minutes between each.
- **Goal keepers.**
- Throw-ins, goal kicks and corner kicks when appropriate.
- All kicks are **indirect.**
- No score is kept.
- No off-sides
- Ball does **not** have to go forward on kick-off.
- Substitutions allowed after goals are scored, before goal kicks, on your team's throw-in or opponent's throw-in **only if** they are also subbing.
- Subs **MUST** be at midfield line **BEFORE** ball is out of play. Subs must enter field of play only at the midfield line and only when player being replaced has left the field.
- **Absolutely no jewelry during games.**
- **Absolutely no slide-tackling. Players are not allowed to use their heads to play the ball.**